Monday, March 3, 2025

Adult Skating Ingredion Centre

Date and Time: Monday, March 3 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

EarlyON Play and Learn

Date and Time: Monday, March 3 9:30 am - 11:30 am

Address: 4050 Dishaw St, Cardinal

A free drop-in program for families and their children from birth to six years. Children have the opportunity to l earn in a play-based environment. Community guests visit the program and community information is available . For more information, contact the EarlyON Child and Family Centre at 1-866-433-8933 ext.2374.

Please Note: Early ON does not run on snowdays.

Date and Time: Monday, March 3 2:00 pm - 3:30 pm

Address: 4050 Dishaw St, Cardinal

Free March Break Skating!

Looking for a fun way to stay active and enjoy time with family this March Break? Join us for **FREE public sk** ating at the Ingredion Centre!

Dates: March 10 and 12 from 2 p.m. to 3:30 p.m.]

Whether you're a beginner or a pro, all ages and skill levels are welcome. Bring your skates, your smiles, and yo ur friends for a great time on the ice!

Don't forget: Helmets are encouraged for everyone's safety.

We can't wait to see you there!

Tuesday, March 4, 2025

Adult Skating Ingredion Centre

Date and Time: Tuesday, March 4 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Cardinal Library Baby and Tot Sotrytime

Date and Time: Tuesday, March 4 10:30 am - 11:30 am

Address: Cardinal Library

Baby & Tot Storytime at Cardinal Branch!

Join us every Thursday morning at the Spencerville Branch for Baby & Tot Storytime!

☐ **When:** Tuesdays, 10:30 AM - 11:30 AM

Where: Cardinal Branch

What to Expect:

Enjoy stories, songs, and fun activities designed for little ones and their caregivers.

Important Note:

Storytime follows the school schedule. If buses are canceled due to weather, storytime will also be canceled for that day.

We can't wait to see you and your little ones there!

NG Spring Job Fair

Date and Time: Tuesday, March 4 12:00 pm - 4:00 pm

Address: 285 County Road 44 Kemptville, ON K0G 1J0

Spring 2025 Job Fair & Training Expo

Earning, Learning & Living

Have you been looking for your next career opportunity but haven't had any luck? Don't miss our Spring 2025 Job Fair & Training Expo! Get connected with employers and job opportunities on the spot and explore training possibilities. Bring your resume and apply for different positions from local employers.

The Spring 2025 Job Fair & Training Expo in Kemptville will be held on Tuesday, March 4th at the North Gren ville Municipal Centre, 12PM to 4PM.

For more information please call 613-258-6576.

Adult Fitness Class

Date and Time: Tuesday, March 4 6:00 pm - 7:00 pm

Address: 24 Sutton Dr Johnstown

This winter we will be offering a boot camp style fitness class for adults, this program will run at the **South Ed wardsburgh Community Centre**. All fitness classes are taught by our energetic instructor. Adult Fitness Class will begin March. Payment is due with <u>registration</u> and refunds will not be issued.

Dates: March 4, 18, April 1, 8, 15, 22, May 6 and 13.

Time: 6 p.m. to 7 p.m.

Cost: Eight classes for \$50.00

Participants are asked to bring indoor shoes, water and a yoga mat or towel. Participants are also asked to fill o ut a <u>Par O Plus</u> form and bring it to the first class.

Wednesday, March 5, 2025

Adult Skating Ingredion Centre

Date and Time: Wednesday, March 5 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

SG Spring Job Fair

Date and Time: Wednesday, March 5 12:00 pm - 4:00 pm

Address: 444 Prince St, Prescott

The Spring 2025 Job Fair & Training Expo in Prescott will be held on Wednesday, March 5th at the Leo Boivin Community Centre, 12PM to 4PM.

For more information please call 613-925-0222.

Adult Skating Spencerville Arena

Date and Time: Wednesday, March 5 2:00 pm - 3:00 pm

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Thursday, March 6, 2025

Adult Skating Ingredion Centre

Date and Time: Thursday, March 6 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

Adult Skating Spencerville Arena

Date and Time: Thursday, March 6 9:00 am - 10:00 am

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Senior Wellness Program (Townhall)

Date and Time: Thursday, March 6 9:30 am - 11:00 am

Address: 18 Centre Street

Boost Your Mind, Body & Spirit! Discover a program crafted to uplift and inspire seniors in our community! J oin us for **free**, engaging sessions filled with creativity, fun, and wellness tailored just for you.

What's Included:

- Art Therapy: Unwind and express yourself through the joys of art.
- Music Therapy: Experience the happiness and connection music brings.
- Fun & Games: Stay sharp, socialize, and have fun with friends.
- Physical Wellness: Gentle exercises, nutrition advice, and a healthy snack to fuel your day!
- Health & Wellness Support: Connect with a registered nurse for valuable tips, health checks, and guidance on staying well.

Locations and Dates:

Spencerville Town Hall

Thursdays, 9:30 a.m. to 11 a.m.

- Session 1: February 6 to March 13
- Session 2: April 3 to May 8

South Edwardsburgh Community Centre

Mondays, 9:30 a.m. to 11 a.m.

• Session 1: February 3 to March 31

(Excluding February 17)

• Session 2: April 7 to May 19

(Excluding April 21)

Cost: Free | Who: All seniors welcome!

Register now online or contact: Rachel Tremblay rtremblay@twpec.ca | 613-802-6774 Take charge of your wellness with the support of your community!

Parent and Tot Ingredion Centre

Date and Time: Thursday, March 6 9:30 am - 10:30 am

Address: 4050 Dishaw St, Cardinal

Kickstart your Thursday morning with some quality time on the ice!

Join us for Parent and Tot Skating at the Ingredion Centre or at the Spencerville Arena from 10am to 11am—pe rfect for little ones and their parents to enjoy some fun together.

Parent and Tot Spencerville Arena

Date and Time: Thursday, March 6 10:00 am - 11:00 am

Address: 22 Sloan St, Spencerville

Kickstart your Thursday morning with some quality time on the ice!

Join us for Parent and Tot Skating at the Spencerville Arena or Ingredion Centre from 9:30am to 10:30am—per fect for little ones and their parents to enjoy some fun together.

Spencerville Baby and Tot Storytime

Date and Time: Thursday, March 6 10:30 am - 11:30 am

Address: Spencerville Library

Baby & Tot Storytime at Spencerville Branch!

Join us every **Thursday morning** at the Spencerville Branch for **Baby & Tot Storytime!**

☐ **When:** Thursdays, 10:30 AM - 11:30 AM

Where: Spencerville Branch

What to Expect:

Enjoy stories, songs, and fun activities designed for little ones and their caregivers.

Important Note:

Storytime follows the school schedule. If buses are canceled due to weather, storytime will also be canceled for that day.

We can't wait to see you and your little ones there!

Friday, March 7, 2025

Adult Skating Ingredion Centre

Date and Time: Friday, March 7 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre , available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Adult Skating Spencerville Arena

Date and Time: Friday, March 7 2:00 pm - 3:00 pm

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Public Skating Ingredion Centre

Date and Time: Friday, March 7 6:00 pm - 7:30 pm

Address: 4050 Dishaw St, Cardinal

Join us for Free Public Skating at the Ingredion Centre every Friday, starting October 4th! Glide into fun from 6:00 PM to 7:30 PM. All ages welcome—don't miss out on a great way to enjoy the season!

Monday, March 10, 2025

Adult Skating Ingredion Centre

Date and Time: Monday, March 10 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

EarlyON Play and Learn

Date and Time: Monday, March 10 9:30 am - 11:30 am

Address: 4050 Dishaw St, Cardinal

A free drop-in program for families and their children from birth to six years. Children have the opportunity to I earn in a play-based environment. Community guests visit the program and community information is available. For more information, contact the EarlyON Child and Family Centre at 1-866-433-8933 ext.2374.

Please Note: Early ON does not run on snowdays.

Spencerville Agricultural Society, March Meeting

Date and Time: Monday, March 10 7:00 pm - 9:00 pm

Address: 22 Ryan Street

Spencerville Agricultural Society, March Meeting

Next Meeting: Monday, March 10th, 2025

Meeting: 7:00 pm

Address: 22 Ryan Street, Spencerville Ontario

If you are interested in joining our committee, please email <u>info@spencervillefair.ca</u> to receive all of the meetin g details.

Tuesday, March 11, 2025

Adult Skating Ingredion Centre

Date and Time: Tuesday, March 11 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Cardinal Library Baby and Tot Sotrytime

Date and Time: Tuesday, March 11 10:30 am - 11:30 am

Address: Cardinal Library

Baby & Tot Storytime at Cardinal Branch!

Join us every **Thursday morning** at the Spencerville Branch for **Baby & Tot Storytime!**

☐ **When:** Tuesdays, 10:30 AM - 11:30 AM

Where: Cardinal Branch

What to Expect:

Enjoy stories, songs, and fun activities designed for little ones and their caregivers.

Important Note:

Storytime follows the school schedule. If buses are canceled due to weather, storytime will also be canceled for that day.

We can't wait to see you and your little ones there!

Free March Break Skating Spencerville

Date and Time: Tuesday, March 11 2:00 pm - 3:30 pm

Address: 22 Sloan St, Spencerville

Free March Break Skating!

Looking for a fun way to stay active and enjoy time with family this March Break? Join us for **FREE public sk** ating at the Spencerville Arena!

Dates: March 11 and 13 from 2 p.m. to 3:30 p.m.]

Whether you're a beginner or a pro, all ages and skill levels are welcome. Bring your skates, your smiles, and yo ur friends for a great time on the ice!

Don't forget: Helmets are encouraged for everyone's safety.

We can't wait to see you there!

Wednesday, March 12, 2025

Adult Skating Ingredion Centre

Date and Time: Wednesday, March 12 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Adult Skating Spencerville Arena

Date and Time: Wednesday, March 12 2:00 pm - 3:00 pm

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Free March Break Skating Cardinal

Date and Time: Wednesday, March 12 2:00 pm - 3:30 pm

Address: 4050 Dishaw St, Cardinal

Free March Break Skating!

Looking for a fun way to stay active and enjoy time with family this March Break? Join us for **FREE public sk** ating at the Ingredion Centre!

Dates: March 10 and 12 from 2 p.m. to 3:30 p.m.]

Whether you're a beginner or a pro, all ages and skill levels are welcome. Bring your skates, your smiles, and yo ur friends for a great time on the ice!

Don't forget: Helmets are encouraged for everyone's safety.

We can't wait to see you there!

Thursday, March 13, 2025

Adult Skating Ingredion Centre

Date and Time: Thursday, March 13 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Adult Skating Spencerville Arena

Date and Time: Thursday, March 13 9:00 am - 10:00 am

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Senior Wellness Program (Townhall)

Date and Time: Thursday, March 13 9:30 am - 11:00 am

Address: 18 Centre Street

Boost Your Mind, Body & Spirit! Discover a program crafted to uplift and inspire seniors in our community! J oin us for **free**, engaging sessions filled with creativity, fun, and wellness tailored just for you.

What's Included:

- Art Therapy: Unwind and express yourself through the joys of art.
- Music Therapy: Experience the happiness and connection music brings.
- Fun & Games: Stay sharp, socialize, and have fun with friends.
- Physical Wellness: Gentle exercises, nutrition advice, and a healthy snack to fuel your day!
- Health & Wellness Support: Connect with a registered nurse for valuable tips, health checks, and guidance on staying well.

Locations and Dates:

Spencerville Town Hall

Thursdays, 9:30 a.m. to 11 a.m.

- Session 1: February 6 to March 13
- Session 2: April 3 to May 8

South Edwardsburgh Community Centre

Mondays, 9:30 a.m. to 11 a.m.

• Session 1: February 3 to March 31

(Excluding February 17)

• Session 2: April 7 to May 19

(Excluding April 21)

Cost: Free | Who: All seniors welcome!

Register now online or contact: Rachel Tremblay rtremblay@twpec.ca | 613-802-6774 Take charge of your wellness with the support of your community!

Parent and Tot Ingredion Centre

Date and Time: Thursday, March 13 9:30 am - 10:30 am

Address: 4050 Dishaw St, Cardinal

Kickstart your Thursday morning with some quality time on the ice!

Join us for Parent and Tot Skating at the Ingredion Centre or at the Spencerville Arena from 10am to 11am—pe rfect for little ones and their parents to enjoy some fun together.

Parent and Tot Spencerville Arena

Date and Time: Thursday, March 13 10:00 am - 11:00 am

Address: 22 Sloan St, Spencerville

Kickstart your Thursday morning with some quality time on the ice!

Join us for Parent and Tot Skating at the Spencerville Arena or Ingredion Centre from 9:30am to 10:30am—per fect for little ones and their parents to enjoy some fun together.

Spencerville Baby and Tot Storytime

Date and Time: Thursday, March 13 10:30 am - 11:30 am

Address: Spencerville Library

Baby & Tot Storytime at Spencerville Branch!

Join us every Thursday morning at the Spencerville Branch for Baby & Tot Storytime!

☐ **When:** Thursdays, 10:30 AM - 11:30 AM

Where: Spencerville Branch

What to Expect:

Enjoy stories, songs, and fun activities designed for little ones and their caregivers.

Important Note:

Storytime follows the school schedule. If buses are canceled due to weather, storytime will also be canceled for that day.

We can't wait to see you and your little ones there!

Free March Break Skating Spencerville

Date and Time: Thursday, March 13 2:00 pm - 3:30 pm

Address: 22 Sloan St, Spencerville

Free March Break Skating!

Looking for a fun way to stay active and enjoy time with family this March Break? Join us for **FREE public sk** ating at the Spencerville Arena!

Dates: March 11 and 13 from 2 p.m. to 3:30 p.m.]

Whether you're a beginner or a pro, all ages and skill levels are welcome. Bring your skates, your smiles, and yo ur friends for a great time on the ice!

Don't forget: Helmets are encouraged for everyone's safety.

Friday, March 14, 2025

Adult Skating Ingredion Centre

Date and Time: Friday, March 14 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Adult Skating Spencerville Arena

Date and Time: Friday, March 14 2:00 pm - 3:00 pm

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Public Skating Ingredion Centre

Date and Time: Friday, March 14 6:00 pm - 7:30 pm

Address: 4050 Dishaw St, Cardinal

Join us for Free Public Skating at the Ingredion Centre every Friday, starting October 4th! Glide into fun from 6:00 PM to 7:30 PM. All ages welcome—don't miss out on a great way to enjoy the season!

Monday, March 17, 2025

Adult Skating Ingredion Centre

Date and Time: Monday, March 17 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

EarlyON Play and Learn

Date and Time: Monday, March 17 9:30 am - 11:30 am

Address: 4050 Dishaw St, Cardinal

A free drop-in program for families and their children from birth to six years. Children have the opportunity to l earn in a play-based environment. Community guests visit the program and community information is available . For more information, contact the EarlyON Child and Family Centre at 1-866-433-8933 ext.2374.

Please Note: Early ON does not run on snowdays.

Tuesday, March 18, 2025

Adult Skating Ingredion Centre

Date and Time: Tuesday, March 18 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Cardinal Library Baby and Tot Sotrytime

Date and Time: Tuesday, March 18 10:30 am - 11:30 am

Address: Cardinal Library

Baby & Tot Storytime at Cardinal Branch!

Join us every Thursday morning at the Spencerville Branch for Baby & Tot Storytime!

☐ **When:** Tuesdays, 10:30 AM - 11:30 AM

Where: Cardinal Branch

What to Expect:

Enjoy stories, songs, and fun activities designed for little ones and their caregivers.

Important Note:

Storytime follows the school schedule. If buses are canceled due to weather, storytime will also be canceled for that day.

We can't wait to see you and your little ones there!

Adult Fitness Class

Date and Time: Tuesday, March 18 6:00 pm - 7:00 pm

Address: 24 Sutton Dr Johnstown

This winter we will be offering a boot camp style fitness class for adults, this program will run at the <u>South Ed</u> <u>wardsburgh Community Centre</u>. All fitness classes are taught by our energetic instructor. Adult Fitness Class will begin March. Payment is due with <u>registration</u> and refunds will not be issued.

Dates: March 4, 18, April 1, 8, 15, 22, May 6 and 13.

Time: 6 p.m. to 7 p.m.

Cost: Eight classes for \$50.00

Participants are asked to bring indoor shoes, water and a yoga mat or towel. Participants are also asked to fill o ut a <u>Par O Plus</u> form and bring it to the first class.

Wednesday, March 19, 2025

Adult Skating Ingredion Centre

Date and Time: Wednesday, March 19 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Adult Skating Spencerville Arena

Date and Time: Wednesday, March 19 2:00 pm - 3:00 pm

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Thursday, March 20, 2025

Adult Skating Ingredion Centre

Date and Time: Thursday, March 20 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre

, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

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No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Adult Skating Spencerville Arena

Date and Time: Thursday, March 20 9:00 am - 10:00 am

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Spencerville Baby and Tot Storytime

Date and Time: Thursday, March 20 10:30 am - 11:30 am

Address: Spencerville Library

Baby & Tot Storytime at Spencerville Branch!

Join us every **Thursday morning** at the Spencerville Branch for **Baby & Tot Storytime!**

☐ **When:** Thursdays, 10:30 AM - 11:30 AM

Where: Spencerville Branch

What to Expect:

Enjoy stories, songs, and fun activities designed for little ones and their caregivers.

Important Note:

Storytime follows the school schedule. If buses are canceled due to weather, storytime will also be canceled for that day.

We can't wait to see you and your little ones there!

Friday, March 21, 2025

Adult Skating Ingredion Centre

Date and Time: Friday, March 21 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Adult Skating Spencerville Arena

Date and Time: Friday, March 21 2:00 pm - 3:00 pm

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Public Skating Ingredion Centre

Date and Time: Friday, March 21 6:00 pm - 7:30 pm

Address: 4050 Dishaw St, Cardinal

Join us for Free Public Skating at the Ingredion Centre every Friday, starting October 4th! Glide into fun from 6:00 PM to 7:30 PM. All ages welcome—don't miss out on a great way to enjoy the season!

Saturday, March 22, 2025

Fairly Funny Frolic, Dinner and Comedy Show

Date and Time: Saturday, March 22 6:00 pm

Address: 22 Ryan St, Spencerville

We are excited to bring back the Fairly Funny Frolic, Dinner and Comedy Show! Come and join us at the Drummond Building on Saturday, March 22 at 6 p.m. for an unforgettable evening!

This event usually sells out, so don't miss your opportunity to grab your tickets today!

- 6 p.m. Cocktails
- 7 p.m. Dinner
- 8 p.m. YUK YUKS

Monday, March 24, 2025

Adult Skating Ingredion Centre

Date and Time: Monday, March 24 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

EarlyON Play and Learn

Date and Time: Monday, March 24 9:30 am - 11:30 am

Address: 4050 Dishaw St, Cardinal

A free drop-in program for families and their children from birth to six years. Children have the opportunity to l earn in a play-based environment. Community guests visit the program and community information is available . For more information, contact the EarlyON Child and Family Centre at 1-866-433-8933 ext.2374.

Please Note: Early ON does not run on snowdays.

Tuesday, March 25, 2025

Adult Skating Ingredion Centre

Date and Time: Tuesday, March 25 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Cardinal Library Baby and Tot Sotrytime

Date and Time: Tuesday, March 25 10:30 am - 11:30 am

Address: Cardinal Library

Baby & Tot Storytime at Cardinal Branch!

Join us every Thursday morning at the Spencerville Branch for Baby & Tot Storytime!

☐ **When:** Tuesdays, 10:30 AM - 11:30 AM

Where: Cardinal Branch

What to Expect:

Enjoy stories, songs, and fun activities designed for little ones and their caregivers.

Important Note:

Storytime follows the school schedule. If buses are canceled due to weather, storytime will also be canceled for that day.

We can't wait to see you and your little ones there!

Wednesday, March 26, 2025

Adult Skating Ingredion Centre

Date and Time: Wednesday, March 26 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Adult Skating Spencerville Arena

Date and Time: Wednesday, March 26 2:00 pm - 3:00 pm

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Thursday, March 27, 2025

Adult Skating Ingredion Centre

Date and Time: Thursday, March 27 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Adult Skating Spencerville Arena

Date and Time: Thursday, March 27 9:00 am - 10:00 am

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre , available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters

Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Spencerville Baby and Tot Storytime

Date and Time: Thursday, March 27 10:30 am - 11:30 am

Address: Spencerville Library

Baby & Tot Storytime at Spencerville Branch!

Join us every Thursday morning at the Spencerville Branch for Baby & Tot Storytime!

☐ **When:** Thursdays, 10:30 AM - 11:30 AM

Where: Spencerville Branch

What to Expect:

Enjoy stories, songs, and fun activities designed for little ones and their caregivers.

Important Note:

Storytime follows the school schedule. If buses are canceled due to weather, storytime will also be canceled for that day.

We can't wait to see you and your little ones there!

Friday, March 28, 2025

Adult Skating Ingredion Centre

Date and Time: Friday, March 28 8:00 am - 9:30 am

Address: Ingredion Centre

Free Adult Skating at the Ingredion Centre: Monday to Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with fellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Adult Skating Spencerville Arena

Date and Time: Friday, March 28 2:00 pm - 3:00 pm

Address: Spencerville Arena

Free Adult Skating at the Spencerville Arena: Wednesday, Thursday and Friday!

Looking for a fun way to stay active and meet new people? Join us for free adult skating at the Ingredion Centre, available every weekday!

Whether you're a seasoned skater or a beginner, everyone is welcome to glide across the ice in a relaxed, friendly atmosphere. It's a perfect opportunity to enjoy some exercise, improve your skating skills, and socialize with f ellow skaters.

Highlights:

- Free entry for all adults
- Spacious, well-maintained ice rink
- Welcoming community of skaters
- Great exercise and fun

No registration is required—just show up with your skates and enthusiasm!

See you on the ice!

Public Skating Ingredion Centre

Date and Time: Friday, March 28 6:00 pm - 7:30 pm

Address: 4050 Dishaw St, Cardinal

Join us for Free Public Skating at the Ingredion Centre every Friday, starting October 4th! Glide into fun from 6:00 PM to 7:30 PM. All ages welcome—don't miss out on a great way to enjoy the season!

Monday, March 31, 2025

EarlyON Play and Learn

Date and Time: Monday, March 31 9:30 am - 11:30 am

Address: 4050 Dishaw St, Cardinal

A free drop-in program for families and their children from birth to six years. Children have the opportunity to 1 earn in a play-based environment. Community guests visit the program and community information is available . For more information, contact the EarlyON Child and Family Centre at 1-866-433-8933 ext.2374.

Please Note: Early ON does not run on snowdays.

https://calendar.twpec.ca