## **July 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:00 am Adult Open Lane Swim at the Cardinal Pool 9:00 am Duck Derby 12:00 pm Cardinal Swim Team Practice 12:00 pm Jr. Lifeguarding Club at the Johnstown Pool 1:00 pm Celebrate Canada 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Johnstown Pool 7:00 pm Public Swim and Lane Swim at the Johnstown Pool	2 8:00 am Adult Open Lane Swim at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	3 8:00 am Adult Open Lane Swim at the Cardinal Pool 12:00 pm Jr. Lifeguarding Club at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 5:30 pm Drive In Bingo! 6:00 pm Aqua Fit at the Johnstown Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	8:00 am Adult Open Lane Swim at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	5 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice	9:00 am Iroquois Farmers Market 12:00 pm Public Swim and Lane Swim at the Cardinal Pool 12:00 pm Public Swim and Lane Swim at the Johnstown Pool
7 12:00 pm Public Swim and Lane Swim at the Johnstown Pool 12:00 pm Public Swim and Lane Swim at the Cardinal Pool	8 8:00 am Adult Open Lane Swim at the Cardinal Pool 12:00 pm Jr. Lifeguarding Club at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice	9 8:00 am Adult Open Lane Swim at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public	8:00 am Adult Open Lane Swim at the Cardinal Pool 12:00 pm Jr. Lifeguarding Club at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Johnstown Pool	8:00 am Adult Open Lane Swim at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public	12 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 4:30 pm Johnstown Swim Team Practice	9:00 am Iroquois Farmers Market 10:00 am Dare 2 Care Family Fun Day 12:00 pm Public Swim and Lane Swim at the Cardinal Pool 12:00 pm Public Swim and Lane Swim at the Johnstown Pool

	6:00 pm Aqua Fit at the Johnstown Pool 7:00 pm Spencerville Agricultural Society, July Meeting 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	Swim and Lane Swim at the Johnstown Pool	6:00 pm Spencerville Fair, Craft Night 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	Swim and Lane Swim at the Johnstown Pool		
9:00 am Be Well Launched - For ages 17 - 21 12:00 pm Public Swim and Lane Swim at the Johnstown Pool 12:00 pm Public Swim and Lane Swim at the Cardinal Pool	8:00 am Adult Open Lane Swim at the Cardinal Pool 12:00 pm Jr. Lifeguarding Club at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Johnstown Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	8:00 am Adult Open Lane Swim at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	8:00 am Adult Open Lane Swim at the Cardinal Pool 12:00 pm Jr. Lifeguarding Club at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Johnstown Pool 6:30 pm Live Succulent Wreath Workshop 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	8:00 am Adult Open Lane Swim at the Johnstown Pool 11:00 am 2024 Prescott Poutine Feast 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	19 11:00 am 2024 Prescott Poutine Feast 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice	9:00 am Iroquois Farmers Market 11:00 am 2024 Prescott Poutine Feast 12:00 pm Public Swim and Lane Swim at the Johnstown Pool 1:15 pm 2024 LGIH Golf Tournament
21 11:00 am 2024 Prescott Poutine Feast 12:00 pm Public Swim and Lane Swim at the Cardinal Pool 12:00 pm Public Swim and Lane Swim at the Johnstown Pool	8:00 am Adult Open Lane Swim at the Cardinal Pool 12:00 pm Jr. Lifeguarding Club at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Johnstown Pool 7:00 pm Public Swim and Lane Swim at the	8:00 am Adult Open Lane Swim at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public Swim and Lane Swim at the Johnstown Pool	8:00 am Adult Open Lane Swim at the Cardinal Pool 12:00 pm Jr. Lifeguarding Club at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Johnstown Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	8:00 am Adult Open Lane Swim at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public Swim and Lane Swim at the Johnstown Pool	26 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 4:30 pm Johnstown Swim Team Practice	9:00 am Iroquois Farmers Market  12:00 pm Public Swim and Lane Swim at the Cardinal Pool  12:00 pm Public Swim and Lane Swim at the Johnstown Pool  5:00 pm Mill Elevator Fundraiser

	Cardinal Pool				
28	29	30	31		
8:00 am Johnstown Swim Meet 12:00 pm Public	8:00 am Adult Open Lane Swim at the Cardinal Pool	8:00 am Adult Open Lane Swim at the Johnstown Pool	8:00 am Adult Open Lane Swim at the Cardinal Pool		
Swim and Lane Swim at the Cardinal Pool	12:00 pm Jr. Lifeguarding Club at the Johnstown Pool	12:00 pm Cardinal Swim Team Practice	12:00 pm Jr. Lifeguarding Club at the Johnstown Pool		
1:00 pm Relax & Renew: A Free Caregiver Retreat	12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Johnstown Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	2:00 pm Public Swim and Lane Swim at the Johnstown Pool 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public Swim and Lane Swim at the Johnstown Pool	12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Johnstown Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool		

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