

# August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:00 am Adult Open Lane Swim at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public Swim and Lane Swim at the Johnstown Pool	2 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice	3 9:00 am Iroquois Farmers Market 12:00 pm Public Swim and Lane Swim at the Johnstown Pool 12:00 pm Public Swim and Lane Swim at the Cardinal Pool
4 12:00 pm Public Swim and Lane Swim at the Cardinal Pool 12:00 pm Public Swim and Lane Swim at the Johnstown Pool	5 8:00 am Adult Open Lane Swim at the Cardinal Pool 12:00 pm Jr. Lifeguarding Club at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Johnstown Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	6 8:00 am Adult Open Lane Swim at the Johnstown Pool 10:00 am Better Jobs Ontario Info South Grenville 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public Swim and Lane Swim at the Johnstown Pool	7 8:00 am Adult Open Lane Swim at the Cardinal Pool 12:00 pm Jr. Lifeguarding Club at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Johnstown Pool 7:00 pm Public Swim and Lane Swim at the Cardinal Pool	8 8:00 am Adult Open Lane Swim at the Johnstown Pool 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice 6:00 pm Aqua Fit at the Cardinal Pool 7:00 pm Public Swim and Lane Swim at the Johnstown Pool	9 12:00 pm Cardinal Swim Team Practice 2:00 pm Public Swim and Lane Swim at the Cardinal Pool 2:00 pm Public Swim and Lane Swim at the Johnstown Pool 4:30 pm Johnstown Swim Team Practice	10 9:00 am Iroquois Farmers Market 9:00 am South Grenville Minor Hockey Association Mixed Ball Tournament Fundraiser 12:00 pm Public Swim and Lane Swim at the Johnstown Pool 12:00 pm Public Swim and Lane Swim at the Cardinal Pool
11	12	13	14	15	16	17

<p>12:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>12:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>6:30 pm Great Outdoors Comedy Festival Ottawa with Matt Rife and Friends</p>	<p>8:00 am Adult Open Lane Swim at the Cardinal Pool</p> <p>12:00 pm Jr. Lifeguarding Club at the Johnstown Pool</p> <p>12:00 pm Cardinal Swim Team Practice</p> <p>2:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>3:00 pm Youth Drop Ins South Grenville</p> <p>4:30 pm Johnstown Swim Team Practice</p> <p>6:00 pm Aqua Fit at the Johnstown Pool</p> <p>7:00 pm Spencerville Agricultural Society, August Meeting</p> <p>7:00 pm Public Swim and Lane Swim at the Cardinal Pool</p>	<p>8:00 am Adult Open Lane Swim at the Johnstown Pool</p> <p>11:00 am Train Day</p> <p>12:00 pm Cardinal Swim Team Practice</p> <p>2:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>4:30 pm Johnstown Swim Team Practice</p> <p>6:00 pm Aqua Fit at the Cardinal Pool</p> <p>7:00 pm Public Swim and Lane Swim at the Johnstown Pool</p>	<p>7:30 am Mont Cascade Day Trip</p> <p>8:00 am Adult Open Lane Swim at the Cardinal Pool</p> <p>12:00 pm Jr. Lifeguarding Club at the Johnstown Pool</p> <p>12:00 pm Cardinal Swim Team Practice</p> <p>2:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>4:30 pm Johnstown Swim Team Practice</p> <p>6:00 pm Aqua Fit at the Johnstown Pool</p> <p>7:00 pm Public Swim and Lane Swim at the Cardinal Pool</p>	<p>8:00 am Adult Open Lane Swim at the Johnstown Pool</p> <p>12:00 pm Cardinal Swim Team Practice</p> <p>2:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>4:30 pm Johnstown Swim Team Practice</p> <p>6:00 pm Aqua Fit at the Cardinal Pool</p> <p>7:00 pm Public Swim and Lane Swim at the Johnstown Pool</p>	<p>12:00 pm Cardinal Swim Team Practice</p> <p>2:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>4:30 pm Johnstown Swim Team Practice</p>	<p>9:00 am Iroquois Farmers Market</p> <p>10:00 am Shop the Street: The Dog Days of Summer</p> <p>12:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>12:00 pm Public Swim and Lane Swim at the Cardinal Pool</p>
<p>18</p> <p>12:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>12:00 pm Public Swim and Lane Swim at the Johnstown Pool</p>	<p>19</p> <p>8:00 am Adult Open Lane Swim at the Cardinal Pool</p> <p>12:00 pm Jr. Lifeguarding Club at the Johnstown Pool</p> <p>12:00 pm Cardinal Swim Team Practice</p> <p>2:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>3:00 pm Youth Drop Ins South Grenville</p> <p>4:30 pm Johnstown Swim Team Practice</p> <p>6:00 pm Aqua Fit at the Johnstown Pool</p> <p>7:00 pm Public Swim and Lane Swim at the Cardinal Pool</p>	<p>20</p> <p>8:00 am Adult Open Lane Swim at the Johnstown Pool</p> <p>10:00 am Better Jobs Ontario Info South Grenville</p> <p>12:00 pm Cardinal Swim Team Practice</p> <p>2:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>4:30 pm Johnstown Swim Team Practice</p> <p>6:00 pm Aqua Fit at the Cardinal Pool</p> <p>7:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>7:00 pm Spencerville Fair, Royalty Competition Info Night</p>	<p>21</p> <p>8:00 am Adult Open Lane Swim at the Cardinal Pool</p> <p>12:00 pm Jr. Lifeguarding Club at the Johnstown Pool</p> <p>12:00 pm Cardinal Swim Team Practice</p> <p>1:30 pm Live Succulent Wreath Workshop</p> <p>2:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>4:30 pm Johnstown Swim Team Practice</p> <p>6:00 pm Aqua Fit at the Johnstown Pool</p> <p>7:00 pm Public Swim and Lane Swim at the Cardinal Pool</p>	<p>22</p> <p>8:00 am Adult Open Lane Swim at the Johnstown Pool</p> <p>12:00 pm Cardinal Swim Team Practice</p> <p>2:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>4:30 pm Johnstown Swim Team Practice</p> <p>6:00 pm Aqua Fit at the Cardinal Pool</p> <p>7:00 pm Public Swim and Lane Swim at the Johnstown Pool</p>	<p>23</p> <p>12:00 pm Cardinal Swim Team Practice</p> <p>2:00 pm Public Swim and Lane Swim at the Cardinal Pool</p> <p>2:00 pm Public Swim and Lane Swim at the Johnstown Pool</p> <p>4:30 pm Johnstown Swim Team Practice</p>	<p>24</p> <p>6:30 am Baitfuel Fishing Tour</p> <p>9:00 am Girls Like to get Dirty Too! Women's only ATV Ride</p> <p>9:00 am Iroquois Farmers Market</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	

	3:00 pm Youth Drop Ins South Grenville				
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<https://calendar.twpec.ca>